

The following guidelines pertain to all Capital City Condors on-ice conduct, be it practices, “Friendship Games”, or tournament play. Tournament infractions will potentially carry immediate disciplinary consequences. All the same expectations are in place as they relate to locker room and other off-ice behaviour.

## **INFRACTIONS**

### **LEVEL 1 (most serious)**

Stick (hitting with stick / swinging stick with intent / cross-checking / intentional tripping)

Intentional body contact ( body checking / elbowing / punching )

Kicking

Helmet removal on-ice

Any attempt to injure another player

### **LEVEL 2 (less severe)**

Throwing stick during play

Foul / inappropriate language

Annoyance (water bottle spraying / bench conduct)

Removal of equipment while on-ice

## **CONSEQUENCES**

**A LEVEL 1 infraction** calls for – Immediate removal for the remainder of the day and is subject to review by the Disciplinary Committee for possible supplemental penalty. Player will not be permitted back on the ice until having met with the DC and having fulfilled required restitution.

**A LEVEL 2 infraction** calls for – Immediate removal from the ice for a 10 minute minimum, potentially more depending on severity and effects of infraction. Must receive head coaches approval before re-entering activity.

Suspensions can / will be determined upon review of the Disciplinary Committee, and at its discretion. Repeated negative behaviours may lead to suspension.

A serious infraction by a player at a tournament will result in that players suspension from the remainder of the tournament, and may be subject to further review.

Any incident at a tournament will necessitate a coaches review and supplemental discipline.

